The Health Creation Alliance

Chat from Session Two. Embedding Health Creation across all levels of the system – community, neighbourhood, place, system

Resources

You can learn more about Gill´s great work at Growing Health Together here:

https://allianceforbettercare.org/growinghealthtogether

https://growinghealthtogether.org/

https://www.bmj.com/content/375/bmj.n2827

Here's link to The Health Creation Alliance report, Primary Care Network and place-based working : addressing health inequalities in a Covid-19 world:

https://thehealthcreationalliance.org/wp-content/uploads/2021/04/PCNs-and-place-based-working-_addressing-health-inequalities-in-a-COVID-19-world_FINAL_1-April-2021.pdf

I was going to mention Focussed Care! More info here:

https://focusedcare.org.uk/

Guidance for ICBs, Foundation Trusts and NHS Trusts

https://www.england.nhs.uk/get-involved/involvementguidance

New System Alliance, a new radical movement for change

https://newsystemalliance.org/

New Local's work on a community powered NHS

 https://www.newlocal.org.uk/publications/community-powered-nhs/

Insights BBBC

https://www.theguardian.com/society/2022/oct/21/thousands-at-risk-as-ae-queues-stop-nhs-paramedics-attending-999-calls

Principles of working together with ICSs

https://thehealthcreationalliance.org/wp-content/uploads/2021/05/Building-Back-Together.pdf

If you'd like access to any of our resources including training, development, support you are all welcome to join the #StartWithPeople network - more info here:

https://www.england.nhs.uk/get-involved/learning-and-support-offers/learning-for-nhs-staff/

We have our next #StartWithPeople conference on 24 November - it's online and free to access. Some superb speakers and very participatory workshops

https://www.england.nhs.uk/get-involved/get-involved/start-with-people-network

… and register to join here:

https://www.events.england.nhs.uk/events/startwithpeople-november-2022

https://www.kingsfund.org.uk/projects/lessons-wigan-deal

https://www.newlocal.org.uk/

https://www.newlocal.org.uk/publications/the-community-paradigm/

Relevant to the Group chaired by David (group 1), the contribution I wrote for the NHS document "Global Social Prescribing Alliance Playbook" can be found at

 https://drive.google.com/file/d/1tuuB5paMqHivyg-T7BCWbF2mEhoVbvd_/view Pages 15-18

It's here I proposed the concept of Info for wellbeing and the role of personal information navigation.

Not hard to reach, just find it hard to be heard.

I prefer to say 'easily ignored' than 'hard to reach'. it puts the emphasis back on the professionals

Hardly reaching. This changes the emphasis from the community, to the person connecting with them.

Do we have a Health Creation Manifesto, that ICS could sign up to?

What's the incentive to be courageous. If leaders can sit around and be asked to be courageous, nothing will ever happen. They should know that they will be challenged - legally if necessary - if they are to adopt more effective and equitable approaches in health and social care.

How do we set the conditions for leaders to be courageous?

Agree also public servants aren't "salaried strangers" IMHO

Trauma informed care training is the way to move from trauma organised to healing

Liliana - we hosted a session on trauma informed care and communication last week - 200+ people joined and a huge demand for more!

Trauma informed care training at a micro - interpersonal level, meso level - system, macro level climate can transform us and we can operationalise this and measure

We need mental health and physical health truly integrated and trauma informed care across all systems and organisations

We need to lead by example and as well as talking about it, we need to be out there finding out what people want. As a health visitor in the early 1990's, we were taught to go and search for health needs...this is NOT new !

Completely agree Anne! I worked with a brilliant Health Visitor back in the early '90s and we created our version of Sure Start a few years before the Govt had that bright idea!

For Gillian - how did they identify who to visit and how did you kick off conversation?

Used to go into pubs in Walsall with my mercury sphignomanometer, worked with local working men's club to set up a Clean Air Fayre in their bar...! Just DO it !

We had a festival on regenerating ourselves our systems and our world

https://handyapproachtocare.com/2022/08/05/regenerating-and-healing-ourselves-our-systems-our-world-through-health-creation/

I think Governance/confidentiality always comes in the way - when I engage with Statutory orgs - I am told that a majority of the meeting/s are confidential?

What can businesses in an area do to contribute to health creation? How might they facilitate community connectedness and good health for employees?

If you're working in communities and aren't talking to your local businesses, I would question whether you're working in your community!

We are working with all the local businesses and doing recycling with them - wires, asthma inhalers, bras, used plant pots etc, etc

And also work with faith groups - they are a great asset too

Totally agree, you just need to ask the businesses

Totally agree, we just look at people's behaviour - ie that they don't access health services, but we are not good at asking why. A child not attending school may not be because they are being naughty, they may be caring for their single parent with a lifelong condition. Someone not attending a hospital appointment may not be able to use a computer to de-encrypt appointment letters....

Are there any Health Visitors working in UK atm? Older members of our community quite frequently ask if the 'Health visitor' could come and see them and give them some advice

I think most of the Health Visiting Services are outsourced and so they don't seem to working in the same way

Any examples of where those services are performing well Asmina?

Not that I know of - may be somebody from Public Health should be able to help - health visiting and school health services are under their auspices at the present time

Not sure about health visitors, it used to be a 'cradle to grave' public health role, that began to change 20 years ago...I've heard it's mainly firefighting childrens' safeguarding, with a lot of what we did either not being done, or undertaken by different organisations now with different levels of success

With more than 80% of children's centres closed the importance of support for families for the first 1001 days has been almost eradicated at place placed level

District nurse can't do public health for older people either Olivia...

Moving to moral era for medicine and healthcare is what is needed in the NHS:

https://qi.elft.nhs.uk/resource/era-3-for-medicine-and-healthcare/

I can recognise the benefits of Health Creation approaches in many areas of health but what about mental health priorities. I am not convinced that better collaboration in itself will overcome the abuses and systemic failings in the mental health and care system in the UK. What do you think?

I agree that we need Mental Health and Physical Health needs to be integrated, but when one goes to the A & E for example with chest pain and standing in the same queue you have patients with Mental Health Emergencies and trying to run away or feeling suicidal I am not sure if it is conducive to either parties health???

Agree Asmina - there would be great benefit from a 2-stream triage

Although I would suggest a 2-stream triage would potentially also 'other' people - they may be

That is v true Olivia, however if both triage teams were aware of that then they could talk to each other and give holistic support?

if Mh services were in a better place we would need people in crisis at A&E . the body keeps score i.e. Trauma lead to physical health problems . we need to go upstream and find out what has happened to people before they are in crisis

Here is a link to the Ark. https://www.shrewsburyark.co.uk/

Let's start talking about what 'we' can do together rather than always telling everyone else what

"Systems awareness and systems design are important for health professionals, but are not enough. They are enabling mechanisms only. It is the ethical dimension of individuals that is essential to a system's success. Ultimately, the secret of quality is love. You have to love your patient, you have to love your profession, you have to love your World /God. If you have love, you can then work backward to monitor and improve the system."

https://qualitysafety.bmj.com/content/13/6/472

Engaging communities that very often do not trust HSC because they have experience victim blaming and poor service is a huge problem and feel their vioves will never be heard

A SELECTION OF FEEDBACK

- Excellent session - thank you

- Thanks again for a great session and so much bedtime reading!!!

- Thank you so much for inspiring session

- Thank you everyone - a really positive start to the week!

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